



## PADDLING AROUND LIGNANO (1° edition)

26th of FEBRUARY 2023 – Lignano Sabbiadoro (UD)



CON IL PATROCINIO DEL COMUNE DI LIGNANO SABBIAADORO

COMPETITION : PADDLING AROUND LIGNANO

DATE: FEBRUARY 26, 2023

LOCATION: Lignano Sabbiadoro UD

ORGANIZER : THE WILD SUP ASD

CONTRIBUTORS : Rescue Project Friuli ODV and F.I.C.K.

INFORMATION AND CONTACTS: Mail: [info@thewildsup.com](mailto:info@thewildsup.com) Tel.: Alberto +39 3495411564 Romina +39 3467625264

EVENT MANAGER: Alberto Sammarco

WATER RESCUE MANAGER: Ivan Tomietto – Rescue Project Friuli ODV

RACE DIRECTOR: Romina Mariotto

REGULATION: the competition will be organized in accordance with the SUP Competition Code

RACE OFFICIALS: organized by the Italian Canoe Kayak Federation

**REGISTRATION:** Fill in the following Google form online <https://forms.gle/PBURUxhFvtaWTgb5A> no later than 1.00 pm on Friday 24 February 2023 and simultaneously send the payment receipt via mail to: [info@thewildsup.com](mailto:info@thewildsup.com)

The registration fee for the race must be paid in advance by bank transfer to IBAN: IT13P 07084 621600 000000 12388 payable to: The Wild SUP a.s.d. BANCA DELLA MARCA – COOPERATIVE CREDIT

Fees for COMPETITIVE athletes are :

€50 per athlete (single athlete registration)

€35 per athlete under 18 (minimum age 14)

DISCOUNTS: €5 per athlete for team registrations with a single bank transfer and a single completed form.

Fees include: participation, race pack, lunch and refreshments along the way, water, collective insurance, water rescue, first AID service.

FOR THOSE WHO DO NOT HAVE A BIB, IT CAN BE PURCHASED ON THE SPOT FOR €10.

Fees for NON-COMPETITIVE athletes are:

€30 per athlete (single athlete registration)

€25 per athlete under 18 (minimum age 14)

Fees include: participation, race pack, refreshments along the route, water, collective insurance, water rescue, first AID service.

Lunch fees for non-participants/companions € 20 per person. (specify when registering in the Google form)

WITHDRAWALS: can be made by telephone on 3467625264 (Romina). Only withdrawals notified by 1.00 pm on Friday 24/02/2023 will be refunded (€5 will be retained on refund).

ACCREDITATION: Before accessing the race area, it will be mandatory to carry out the ACCREDITATION operation at the REGISTRATION DESK. Each athlete must identify himself and bring a copy of the MEDICAL CERTIFICATE if it has not already been uploaded in the online pre-registration form. At the end of the accreditation you will receive a pass to access the race area. The accreditation desk will be open at the following times:

Saturday: 16.00 – 20.00

Sunday: 8:00 – 09.30

## **MEMBERSHIP**

FICK membership required.

For not a member, an additional amount of

€ 8 for non-competitive athletes

€ 12 for athletes from 12 up to 35 years of age,

€ 25 for athletes from 35 years of age

The extra amount has to be paid together with registration.

The athletes who participate in the competitive race must have a valid medical certificate for competitive sport activity for the current year. The certificate will be checked on the day of the competition at the accreditation desk.

## **FICK CARD**

It is MANDATORY that every athlete or amateur is in possession of the individual FICK insurance card.

Anyone who does not have one can request it in advance by filling out the online form and/or by contacting 3467625264 (Romina).

## **BIB**

The Italian Sup Race Circuit championship BIB is MANDATORY for competitive athletes, which will be given to those who do not have it on the day of the race. This bib is nominal and is valid for all other championship races.

In the event of bad weather conditions, the organizing committee reserves the right to change the itinerary or to postpone the event to a later date.

In the competition it is MANDATORY to wear a leash and PFDs, also an inflatable and a mobile phone.

TYPE OF EVENT: It is an interregional stage of Sup race organized by The Wild SUP asd.

PARTICIPATION FORMULA: (competitive) sup single or in teams using a single board, (non-competitive) open to all craft (no ranking).

The event will have two distinct rankings: an overall one that will reward the top 5 men and women athletes and the top 5 teams. For teams there will not be any distinction of age, sex and number of team members.

The second ranking will reward the top 3 male and female athletes according to the category distinctions provided by F.I.C.K. sup regulation. This ranking DOES NOT include teams and athletes NOT registered in the F.I.C.K. championship.

Competition valid for the ITALIAN SUP RACE CIRCUIT <https://www.circuitoitalianosuprace.com/> and for the SUP WORLD RANKING



**ENROLLMENTS CLOSE ON FRIDAY 24 FEBRUARY AT 13:00**

**PROGRAM SATURDAY 25 FEBRUARY 2023**

|               |                        |
|---------------|------------------------|
| 16.00 – 20.00 | Athletes accreditation |
|---------------|------------------------|

**PROGRAMMA DOMENICA 26 FEBBRAIO 2023**

|             |                        |
|-------------|------------------------|
| 8.00 – 9.00 | Athletes accreditation |
| 09.30       | Skipper meeting        |
| 10.00       | Start race             |
| 14.00       | Lunch                  |
| 15.00       | Awards                 |
| 16.30       | End of Event           |

**RACE PACK**

what's inside: fruit, water, supplements, meal voucher.

REFRESHMENT POINTS: hot tea, water, fruit

RANKINGS:

At the end of the race, the rankings with positions and times will be published in the shortest technical time possible.

**PADDLING AROUND LIGNANO AND ECOLOGICAL MANAGEMENT:**

Our event supports the A.Ma.Te campaign committed to protecting the environment and water promoted by the Italian Canoe Kayak Federation and its exceptional partner Fonteviva EVAM SpA.

Read here <https://www.federcanoa.it/italia-in-canoa-pagaiando-per-l-ambiente>

**RACE COURSE SUNDAY 26 FEBRUARY**

DEPARTURE is in front of Hotel Columbus, disengagement buoy in front of the beach to be left on the left - coastal circumnavigation in an anti-clockwise direction crossing the lagoon, canals, Tagliamento river, beach – ARRIVAL in front of Hotel Columbus (see map)



Competitors must present themselves 15 minutes earlier at the starting line for identification. Competitors will be called by name to position themselves on the starting line. Departure from the beach in line between flags and arrival at the beach passing under the arch with paddle in hand.

Start Line/ Finish line: Hotel Columbus Vicolo Marano 25, 33054 Lignano Sabbiadoro UD Italy

Transition area 1: Ca' Margherita via Alzaia 1, 33054 Lignano Sabbiadoro UD

Transition area 2: Ristorante alla Vecchia Finanza Corso delle Nazioni, 110, 33054 Lignano Sabbiadoro UD

Control zones: N° 1 - Gigi Marchetto's restaurant via Casa Bianca 130, 33054 Lignano Sabbiadoro UD // N°2 - Willy's restaurant via Casa Bianca 9, 33054 Lignano Sabbiadoro UD

ATHLETES HAS TO TRANSIT THROUGH CHECKPOINT N°2 AT KM 13 WITHIN THREE HOURS FROM THE START OTHERWISE THEY WILL CALLED OUT FROM COMPETITION.

#### **SAFETY PLAN**

Water rescue (support boats with lifeguard and/or river rescuer) and first aid (ambulance, doctor).

#### **WHERE TO GO**

Hotel Columbus S.R.L.  
 Vicolo Marano 25  
 33054 Lignano Sabbiadoro UD  
 Italy (access to the beach from Lungomare Trieste 32)

#### **WHERE TO STAY**

Hotel Columbus S.R.L. Vicolo Marano 25, 33054 Lignano Sabbiadoro UD Italy  
 +39 0431 71516

Agreement with Hotel Columbus: double room and breakfast € 35.00 per person per day, single room and breakfast € 45.00 per person per day, 3rd bed 10% discount

## **LOGISTICS**

In the place hosting the event are available:

- car parks with loading/unloading area, toilet facilities
- gazebo speaker, sanitary service

## **RESPONSIBILITIES AND SAFETY STANDARDS**

- The Competitor agrees to be bound by the current Race Regulations (FICK), the Notice of Race and the Sailing Instructions for each race and related event.
- The Competitor agrees to assume any and all responsibility for the nautical characteristics of his SUP, for the equipment, for his own abilities and for the safety equipment.
- The Competitor/s also agrees to assume any and all responsibility for damage caused to third parties or their property, to himself or to his property on land or at sea as a result of his participation in the regatta, relieving the competitor from any liability organizing committee, in particular THE WILD SUP ASD and all persons involved in the organization in any capacity and to accept all responsibility for its own behavior and that of its guests.
- The Competitor must be aware of the General Rule that "Responsibility for the decision to participate in a regatta or to remain in a regatta rests with him alone". In any event, Competitor agrees that THE WILD SUP ASD, the sponsors and their agents have no liability for the loss of life or injury to the competitor or others, or for loss or damage to any vessel or property.

## **WAIVER OF PHOTOGRAPH AND TV RIGHTS**

Competitors grant unrestricted right and permission to the Organizing Authority to use the name and likeness for any text, photograph or video of themselves or the SUP participating in the event to be published in any media vehicle (including, but not limited to , advertising by press or television or the Internet) both for editorial and advertising purposes or for use in press information; in this respect, also the name of the Competitors and any biographical material of the same may be used or reproduced in any known form. As part of the entry process, each individual participating as a crew member will be required to sign a declaration accepting this waiver of rights.

## **REDUCTIONS OR CHANGES TO THE ROUTE**

The Jury / Com.Org. reserves the right to modify the course, before the preparatory signal, or to reduce it during the Regatta. The modification of the route will be signaled by the Jury / CO.

## **DISPUTES AND PROTESTS**

The Jury / Com.Org. will judge without appeal any controversy or violation of the regulation and the notice of race, on the basis of the information provided by the field judges, the parties and their witnesses. The athlete who intends to raise a protest must immediately notify the interested party. Any protest must be presented in writing to the Jury / CO, within 30 minutes of your arrival. A deposit of €50.00 must be paid together with the protest.







The athlete who will miss a mark or make an irregular start will be considered as not classified for not having finished the course.

The athlete who will have a non-sporting behavior towards the other athletes (bump, fall, irregular wake) after reporting to the organizing committee will be judged by the judges and by a team representative present.

### ALTERNATIVE ROUTE IN CASE OF BAD WEATHER

In case of adverse weather conditions (active sea or strong wind) the event will take place in inland waters. In the event of bad weather, the Jury will still decide on the regatta course.

### COLLABORATORI:

|   |  |
|---|--|
|    | Comune di Lignano Sabbiadoro   |
|   | Rescue Project Friuli ODV  |
|    | Federazione Italiana Canoa Kayak   |
|    | Wataround App  |
|   | Reptile Sports<br><a href="http://www.reptilesports.com">www.reptilesports.com</a> |
|  | Circuito Nazionale Italiano SUP Race   |
|  | LB9 brand  |